

Check-In Statement



Date _____

Prior to your Supervision Group meeting, write **one or two sentences** in response to each item below. As you write, be mindful of the need for both specificity and confidentiality.

1. Briefly identify the situation or challenge for which your care receiver needs the care of a Stephen Minister.

2. What does your care receiver currently need from your caring relationship?

3. What process goals do you have for your caring relationship at this time?

Process goals are actions you can do now that concentrate on the care receiver's needs and leave the results to God. (See module 5 in your *Stephen Minister Training Manual* for more.)

4. What is going well in your caring relationship?

5. What could be going better in your caring relationship?

6. What support, guidance, or prayer do you need from your Supervision Group?

If you think you may need to do an in-depth and aren't scheduled for one, contact your facilitator ahead of time.

Contact a Stephen Leader right away if you have any urgent needs or questions.



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