

# Distinctively Christian Care In-Depth Report

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Date \_\_\_\_\_

Prior to your Supervision Group meeting, write **one or two sentences** in response to each item on this report. As you write, be mindful of the need for both specificity and confidentiality. (Questions in **boldface** match those in the Check-In Statement.)

1. **Briefly identify the situation or challenge for which your care receiver needs the care of a Stephen Minister.**

2. How many weeks/months have you been meeting with your care receiver? \_\_\_\_\_

3. How frequently are you meeting in person with your care receiver? \_\_\_\_\_

Has the frequency, length, or location of your in-person visits changed since your last in-depth report?

Yes    No

If yes, describe what has changed and any reasons for it.

4. What other caregivers, if any, are involved in caring for your care receiver (e.g., a pastor, mental health professional, medical professional, social worker, or other caregiver)?

Has the involvement of other caregivers changed since your last in-depth report?

Yes    No

If yes, describe what has changed and any reasons for it.

5. **What does your care receiver currently need from your caring relationship?**



**6. What process goals do you have for your caring relationship at this time?**

*Process goals* are actions you can do now that concentrate on the care receiver's needs and leave the results to God. (See module 5 in your *Stephen Minister Training Manual* for more.)

7. What are you doing to carry out those goals?

8. What is going well in your caring relationship?

9. What could be going better in your caring relationship?

10. Describe the spiritual aspects of your caring relationship.

a. What spiritual challenges does the care receiver seem to be experiencing currently?

b. In what ways are you using distinctively Christian caring tools—such as prayer, the Bible, forgiveness, blessings, or “a cup of cold water”—in your caring relationship? How has your care receiver responded?

c. In what ways do you see your care receiver growing in faith, hope, and love? What might be helping or interfering with growth in those areas?

d. How is your caring relationship affecting your relationship with God? What spiritual challenges, if any, are you experiencing due to your caring relationship?

11. What support, guidance, or prayer do you need from your Supervision Group?

12. Choose at least two Focus Questions your Supervision Group could use to discuss your caring relationship. Write the questions below.

**Example**

Question B1b: *How have you encountered Jesus in your care receiver?*

Question \_\_\_\_\_:

Question \_\_\_\_\_:

Contact a Stephen Leader right away if you have any urgent needs or questions.